

LGBTQIA+

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PFLAG Durham Region

Supports all persons within our reach with their journeys through gender identity, gender expression and sexual orientation. We seek to provide education and resources to the greater Durham community to help encourage inclusion, diversity, and equity.

Website: <u>pflagdurhamregion.com</u>

Email: inquiries@pflagdurhamregion.com **Phone:** 905-231-0533 | 1-888-530-6777 x 533

The AIDS Committee of Durham Region

Is a community-based, non-profit, charitable organization. We work in partnership with many individuals and organizations that support, in principle or in practice, our mission and goals.

Website: https://www.aidsdurham.com/

Email: youth@aidsdurham.com

Canadian Mental Health Association Durham

A welcoming community mental health and primary care centre. Proud to offer a wide variety of mental health, addiction, and housing services.

Website: https://cmhadurham.ca/ Email: cmha@cmhadurham.org

Phone: 905-436-8760

Rainbow Health Ontario

Aims to provide current and evidence-based information on 2SLGBTQ health resources, research, education, and training as part of supporting better health outcomes for 2SLGBTQ communities in Ontario.

Website: https://www.rainbowhealthontario.ca/

Email: info@rainbowhealthontario.ca

Prideline Durham

Is a phone line that provides emotional support and crisis intervention, as well as community referrals for the LGBTQ community in Durham Region.

Phone: 1-855-877-4433 Daily 6:00 p.m.—10:00 p.m.

Please contact the Distress Centre Durham 24 Hour Helpline if you are calling outside

operating hours.

Phone: 905-430-2522 or 1-800-452-0688

Youthspace

A free online crisis & emotional support chat service for youth under 30 across Canada. It's open 365 days a year, and you can contact them through text or chat on their website. Confidential and anonymous.

Website: www.youthspace.ca

Text: 778-783-0177

Daily 9:00 p.m.—3:00 a.m.

LGBT YouthLine

Is a Queer, Trans, Two-Spirit youth-led organization that affirms and supports the experiences of youth (16-29) offering confidential, non-judgmental peer support through text and online chat services.

Website (livechat): www.youthline.ca
Text: 647-694-4275, 4:00 p.m.—9:30 p.m.

Email: askus@youthline.ca

Rainbow Railroad

A global not-for-profit organization that helps at-risk LGBTQI+ people to get safety worldwide.

Website: https://www.rainbowrailroad.org/

Trans Lifeline

Is a trans-led organization that connects trans people to the community, support, and resources they need to survive and thrive. When you call, you'll speak to a trans/nonbinary peer operator. Full anonymity and confidentiality. No non-consensual active rescue (calling 911, emergency services, or law enforcement) When call volumes are high, it may take longer to get connected—please try calling again.

Website: www.translifeline.org Phone number: 877-330-6366 Mon-Fri 1:00 p.m.—9:00 p.m.

The ArQuives

One of the largest independent LGBTQ2+ archives in the world and since 1973, and the only LGBTQ2+ archive in Canada with a mandate to collect at a national level.

Website: https://arquives.ca/ Email: admin@arquives.ca Phone: 416-777-2755

The Canadian Centre for Gender and Sexual Diversity

Promotes diversity in gender identity, gender expression, and romantic and/or sexual orientation in all its forms on a national level through services in the areas of education, health, and advocacy.

Website: https://ccqsd-ccdqs.org/

Phone: 613-400-1875

211 Ontario

Is a free confidential service that easily connects people to the critical social and community supports they need.

Website: https://211ontario.ca/search/

Live chat available Mon-Fri 7:00 a.m.—9:00 p.m.

Navi the chatbot is available 24/7.

Library Contact Info

Have more questions? Contact us! www.whitbylibrary.ca

Central Library

405 Dundas St W. Whitby, ON, L1N 6A1

Phone number: 905-668-6531

Email: askreference@whitbylibrary.ca or askcaf@whitbylibrary.ca

Rossland Branch

701 Rossland Rd E. Whitby, ON, L1N 8Y9

Phone number: 905-668-1886

Email: askrossland@whitbylibrary.ca

Brooklin Branch

8 Vipond Rd Brooklin, ON, L1M 1B1

Phone number: 905-655-3191

Email: askbrooklin@whitbylibrary.ca